



THE POWER OF

Spoken Words

Program

OVERVIEW:

The Power of Spoken Words is an immersive performance experience. Through original spoken word, storytelling, and lived experience, Rashan Legard creates meaningful conversations around mental health, military culture, PTSD, advocacy, sexual violence, domestic violence, gun violence, generational trauma, and healing.

Participants experience a dynamic blend of spoken word performances, storytelling, audience reflection, and facilitated dialogue in a structured, trauma-informed environment.



Rashan Legard

International Motivational Trainer

The Power of Spoken Words Program includes the following pieces:

Advocacy & Social Change

Mental Health & Suicide Prevention

Military Culture & Leadership

Male Victimization & Sexual Violence

Domestic Violence

Gun Violence

Generational Trauma & Healing

Storytelling & Lasting Change